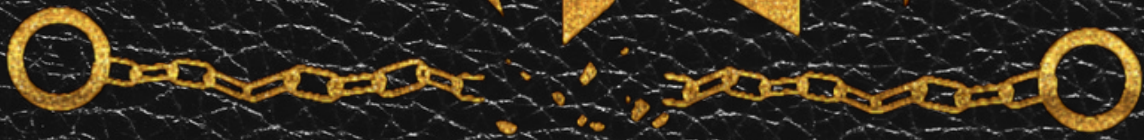


HELIST



NIGHT LIFE



# HELIX

NIGHT LIFE

## Food Menu

COOKING IS THE ULTIMATE GIVING

*Around Europe & America*

### SOUPS

CREAM OF MUSHROOM	195
CREAM OF CORN   CHICKEN	195/225
HOT AND SOUR VEG /CHICKEN 	195/225
THUKPA SOUP VEG/CHICKEN 	195/225

### HOUSE GREENS

<b>MEXICAN TACO SALAD</b>	225
Hungry? A large taco shell filled with lettuce ,corn, cucumber, tomato ,capsicum, carrot, cheese & olive tossed in spicy ranch dressing	
<b>CEASER SALAD VEG  CHICKEN</b>	225/245
A salad of lettuce and croutons dressed with creamy ceaser dressing.	
<b>FRUIT SALAD</b>	225
sessional cut fruits served with honey glaze	
<b>GARDEN GREEN SALAD</b>	195
sessional assorted freshly hand pick veggies.	

+ GST

## APPITIZER

*("because a party mood requires great food")*

- |   |         |
|---|---------|
| <b>MACHO NACHOS VEG/CHICKEN</b>   | 255     |
| corn tartill chips topped with melted cheese and salsa served with sour cream..   |         |
| <input checked="" type="checkbox"/> <b>CRISPY FRIED ONION RINGS</b>   | 255     |
| A "ring" of onion dipped in batter and bread crumbs and then deep fried served with chilli mayo.                                |         |
| <input checked="" type="checkbox"/> <b>JALAPENO CHEESE BALL</b>   | 255     |
| crispy fried cheese ball served with sambal oleak sauce   |         |
| <input checked="" type="checkbox"/> <b>CRISPY AMERICAN CORN</b>   | 255     |
| oriented style crispy corn tossed with bellpepper and onion.  |         |
| <input checked="" type="checkbox"/> <b>STUFFED MUSHROOM FETA</b>  | 255     |
| mushroom stuffed yummy melted cheese  |         |
| <b>QUESADILLA VEG /CHICKEN</b>  | 255/275 |
| flour tartilla wrapped melted cheese and assorted veggies /chicken served with sour cream<br>French Fries                       |         |
| <input checked="" type="checkbox"/> <b>FRENCH FRIES PERI PERI / PLAIN</b>   | 255     |
| <input checked="" type="checkbox"/> <b>PANEER SHASHLIK</b>  | 255     |
| diced bellpepper onion and paneer marinated with mexican spice served with peanut butter sauce                                  |         |
| <input checked="" type="checkbox"/> <b>TOMATO BASIL BRUSCHETTA</b>  | 255     |
| crispy garlic toast topped with chooped tomato, basil and melted cheese.  |         |
| <input checked="" type="checkbox"/> <b>SALAMI WRAPPED CHICKEN SAUSAGE</b>   | 325     |
| chicken salami rolles with chicken sausage tossed in bbq sauce  |         |
| <input checked="" type="checkbox"/> <b>CHICKEN CORDON BLEU</b>  | 365     |
| A thin slice of chicken breast stuffed with ham and cheese mustared paste and herbs. Deep fried seved with creamy spinach sauce |         |
| <input checked="" type="checkbox"/> <b>TOM &amp; JERRY'S</b>  | 345     |
| deep fried chicken wings tossed in bbq sauce  |         |

+ GST

- |  |     |
|--|-----|
| <p><b>FRIED CALAMARI</b><br/>coat the rings in a mixture of flour and deep fried</p>   | 395 |
| <p><b>SNOW WHITE'S</b><br/>chicken stripes coated with bread crumbs and deep fry served with honey mustared</p>                          | 355 |
| <p><b>CHICKEN SKEWERS</b><br/>A small piece of chicken breast marinated in mexican spice grill on a skewer</p>                           | 355 |
| <p><b>THAI BASIL CHILLI CHICKEN</b><br/>A juicy tender chicken strips sauted with oyster sauce, bellpepper and basil.</p>                | 355 |
| <p><b>BREADED FISH FINGER</b><br/>fish marianted with mustared garlic and crum fried served with chilli mayo.</p>                        | 395 |
| <p><b>CREAMY BUTTER GARLIC PROWN</b></p>   | 395 |
| <p><b>CRAB LOLIPOP</b></p>   | 395 |
| <p><b>TEQUILA CILANTRO CHICKEN</b><br/>chicken soaked with tequila, cumin and minced coriander grilld with creamy tomato and cheese.</p> | 375 |

## HEIST SPECIAL PLATER

- |   |      |
|---|------|
| <p><b>VEG PLATER</b><br/>Panner tikka, pine apple tikka, stuffed mushrooms ,cheese balls, Gobi Manchurian</p>                             | 845  |
| <p><b>SHARING CHICKEN WINGS PLATER</b><br/>Our famous wings cooked golden brown colour and served alongside 20 pieces in four flavour</p> | 895  |
| <p><b>JAMBO CHICKEN PLATER</b><br/>Chicken tikka, chicken seekh kabab, chilli chicken popcorn chicken,Erani chicken</p>                   | 945  |
| <p><b>SEAFOOD PLATER</b><br/>Fish catch of the day, fish finger, fried calamari,fish tikka, BBQprawn, fish skewers</p>                    | 1395 |

+ GST

## HEIST HOUSE SPECIAL

- **TOVO CHICKEN** 455  
bone in half chicken glazed with heist spl sweet & sour concoction. Choice of sauces creamy pesto /creamy mushroom sauce
- **CHICKEN ALFAHAM** 425  
Popular in the middle east as it is marinated with indian raw masala ,coconut and termeric flavour grill in clay pot.
- **PUDUVAI MEEN VARUVAL** 455  
A fresh fish catch of the day marinated with heist special spices and tawa fry served with french fries.
- **INDIAN CHICKEN OVEN PLATER (CLAY POT)** 999  
hangara murgh tikka malai tikka ,hariyali chickentikka , tandoori quarter
- **INDIAN NON VEG OVEN PLATER (CLAY POT)** 1095  
fish tikka, prawn tikka hariyali chicken tikka ,tandoori quarter

## PASTA

*(It's time to eat pasta and realx)*

**VEG / CHICKEN / PRAWN**

395 / 445 / 475

CHOICE OF PASTA PENNE / SPAGHETTI

**PASTA AGLIO OLIO**

**PASTA ARRABIATA**

**CHICKEN BOLOGNESE PASTA**

**BASIL PESTO**

**ALFREDO PASTA**

+ GST



# PIZZA GALLERY

(A slice a day keeps the sad away)

- **MARGHERITA PIZZA** 395  
Mozzarella cheese pizza with tomato basil
- **PANEER TIKKA PIZZA** 425  
Mozzarella cheese pizza topped with Tandoori marinated paneer and vegetables
- **HEIST VEG DELIGHT** 425  
assorted seasonal fresh veggies spread on tomato sauce and cheese.
- **BBQ CHICKEN PIZZA** 475  
Barbecue coated chicken, mozzarella cheese olive and onion
- **OVEN ROASTED PIZZA** 475  
gently spreaded herb mix sauce topped with red grill chicken, mozzarella cheese onion and capsicum.
- **CHICKEN 65 PIZZA** 475  
south famous chicken fry along with cheese and onion
- **HEIST SPECIAL PIZZA** 525  
prawn and chicken sausage sauteed BBQ sauce and chicken peporroni,olive, onion

## ASIAN MAINS

**VEG | PANEER | CHICKEN | PRAWN**  
225 / 255 / 275 / 295

**FRIED RICE / NOODELS**

**SINGAPORE FRIED RICE**

**HONGKONG FRIED RICE**

**CRUNCHY NOODLES**

+ GST

## PLAT PRINCIPAL

- VEGFLORENTINE** 375  
Baked creamy spinach corn and mushroom served with garlic bread
- JERK COTTAGE CHEESE STEAK** 395  
Cottage cheese marinated with jerk spice, served with herb rice and Ratatouille
- BROCCOLI AU GRATIN** 395  
Baked broccoli creamy veloute and cheese sauce served with garlic bread
- GLAZED CHICKEN STEAK** 455  
Tender chicken breast marinated with garlic and fresh herbs cooked in white wine topped mushroom sauce along with fries and grilled veg
- CHIPOTLE CHICKEN STEAK** 455  
Tender chicken breast coated in chipotle seasoning and cook served with potato wedges and coleslaw and coriander pesto sauce
- CHICKEN STROGANOFF** 455  
garlic flavoured chicken strips sauted with bellpepper and mushroom served with herb rice
- CHICKEN FLORENTINE** 455  
baked chicken creamy spinach and mushroom served garlic bread
- GRILL FISH STEAK** 495  
Fish marinated with Cajun spice served with creamy spinach
- TEX MEX BBQ PRAWN** 495  
Grilled Cajun spiced prawn coated to barbecue sauce, served with herb rice
- HEIST CHEF SPECIAL PRAWN** 545  
Tiger prawns marinated garlic mustard fresh herbs grill and served with grill veggies and house pasta

+ GST

**ASIAN & CLAY POT**  
(you're just a side dish not a main course!)

**CLAY POT**

<input type="checkbox"/> HARIYALI BROCCOLI	295
<input type="checkbox"/> MALAI PANNER TIKKA	295
<input type="checkbox"/> ACHARI PANEER TIKKA	295
<input type="checkbox"/> PINEAPPLE KEBAB	295
<input type="checkbox"/> MURGH MALAI TIKKA	355
<input type="checkbox"/> RESHMI KEBAB  <small>SPICY</small>	375
<input type="checkbox"/> ANGARA MURGH TIKKA	355
<input type="checkbox"/> HARIYALI CHICKEN KEBAB	355
<input type="checkbox"/> CHICKEN SHEEK KEBAB	395
<input type="checkbox"/> JHINGA NISHA	395
<input type="checkbox"/> MAHI TIKKA	425
<input type="checkbox"/> HEIST SPL PRAWN TIKKA	445/845
<input type="checkbox"/> TANDOORI CHICKEN HALF /FULL	

+ GST



## INDIAN / ASIAN

<input checked="" type="checkbox"/> CRUNCHY CORIANDER BABYCORN	255
<input checked="" type="checkbox"/> HOT GARLIC PANEER /MUSHRROM  <small>SPICY</small>	275
<input checked="" type="checkbox"/> GOBI MANCHURIAN /PANNER/MUSHRROM	275
<input checked="" type="checkbox"/> SALT & PEPPER MUSHRROM/BABYCORN  <small>SPICY</small>	275
<input checked="" type="checkbox"/> DRAGON PANNER	275
<input checked="" type="checkbox"/> SPICY CHILLI MUSHROOM  <small>SPICY</small>	275
<input checked="" type="checkbox"/> THREAD CHICKEN	355
<input checked="" type="checkbox"/> PEPPER LEG  <small>SPICY</small>	375
<input checked="" type="checkbox"/> FRIED KOREAN WINGS	355
<input checked="" type="checkbox"/> KONDATTAM CHICKEN	355
<input checked="" type="checkbox"/> CHICKEN / MUTTON GHEE ROAST	355/435
<input checked="" type="checkbox"/> KERALA MUTTON	435
<input checked="" type="checkbox"/> APPOLO FISH	395
<input checked="" type="checkbox"/> CHILLI CHICKEN/PRAWN/FISH	355/395/375
<input checked="" type="checkbox"/> GOLDEN FRIED PRAWN	395
<input checked="" type="checkbox"/> PALLIPALAYAM CHICKEN	355
<input checked="" type="checkbox"/> HONEY GARLIC CHICKEN BITES	355
<input checked="" type="checkbox"/> CHICKEN LOLLIPOP	355
<input checked="" type="checkbox"/> DRAGON CHICKEN	355
<input checked="" type="checkbox"/> SWEET AND SOUR CHICKEN /FISH	355/395
<input checked="" type="checkbox"/> KANADU KAATHAN KOZHI VARUVAL  <small>SPICY</small>	355
<input checked="" type="checkbox"/> CHILLI GARLIC CHICKEN /FISH /PRAWN	355/375/395
<input checked="" type="checkbox"/> LEMON FISH	395

+ GST

# INDIAN BREADS AND CURRY'S

("don't forget the naan bread - it's a must!")

<b>ROTI PLAIN / BUTTER</b>	55/75
<b>NAAN PLAIN / BUTTER</b>	55/75
<b>LACHA PARATA</b>	75
<b>JEERA RICE</b>	150
<b>STEAM RICE</b>	150
<input checked="" type="checkbox"/> <b>PANEER BUTTER MASALA</b>	275
<input checked="" type="checkbox"/> <b>PANNER TIKKA MASALA</b>	275
<input checked="" type="checkbox"/> <b>KADAI MUSHROOM / PANEER</b>	275
<input checked="" type="checkbox"/> <b>DAAL TADKA</b>	255
<input checked="" type="checkbox"/> <b>BUTTER CHICKEN MASALA</b>	295
<input checked="" type="checkbox"/> <b>KASHMIRI CHICKEN CURRY</b>  <small>SPICY</small>	295
<input checked="" type="checkbox"/> <b>CHETTINADU CHICKEN / MUTTON</b>  <small>SPICY</small>	295/395
<input checked="" type="checkbox"/> <b>HYDERABADI CHICKEN / MUTTON</b>  <small>SPICY</small>	295/395
<input checked="" type="checkbox"/> <b>MALABAR FISH CURRY</b>	355
<input checked="" type="checkbox"/> <b>MUSTARD PRAWNS / FISH</b>	355

## DESSERT

<b>CHOCOLATE BROWNIE (W) ICE</b>	245
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+ GST







# *Around Europe & America*

## **STARTERS**

**Tandoori grilled paneer**

**Aloo tikki**

**Dahi ke kabab**

## **MAIN COURSE**

**Veg biryani with raita**

**Butter naan with paneer masala**

**Shahi pulao**

## **DESSERT**

**Rasmalai**

**Gulab jamun**

**Jalebi**

